



## GUT MICROBIOTA



We all have a thriving collection of bacteria, viruses, and fungi found in our guts, often called the microbiota. While many types of bacteria, viruses, and fungi are harmful to humans, our microbiota is critical to a healthy life and has many functions in the human body. Specifically, gut bacteria interact with the human immune system as well as play an important role in the metabolism of food.

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To learn more information about the project and access free downloads of the coloring book pages, visit:

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